



MEDIA ALERT – PHOTO OPPORTUNITY

Newmarket Community Gardens Prepare for the Growing Season

*Gardeners, Local Businesses, Town of Newmarket and Region of York meet on common ground to **Plant a Row • Grow a Row*** for the York Region Food Network*

In celebration of International Composting Awareness Week 2004,

Please join: Lisa DiSera, York Region Food Network
Mike Kopansky, Miller Waste Systems
Cathy's Crawly Composters

on site to promote the opening of the Newmarket Community Garden.

It's a sure sign of spring as the Newmarket Community Gardens are specially prepared with compost made from York Region's curbside organics collection program and supplied by Miller Waste Systems. The community gardens welcome the opportunity to grow with compost - a proven soil enhancer which provides valuable nutrients to improve the health of crop yields.

Newmarket community gardens will begin their planting at the end of May and surplus crop yields will be donated to local food banks through the Plant a Row • Grow a Row program. According to Lisa DiSera, Executive Director of York Region Food Network, Miller Waste Systems has been a great supporter of the community garden program with their annual donation of compost to all three of our garden sites. Community gardens are a great place to model good composting techniques and promote an awareness of ecology and waste reduction. And along with the compost and seeds comes much learning, growing and sharing of healthy, nutritious food!

Please come out and help promote the importance of compost awareness and the wonderful community garden program of the York Region Food Network.

DATE: Thursday May 6, 2004
TIME: 11:00 a.m.
LOCATION: **Newmarket Community Garden**
Eldred King Gardens
Region of York Administrative Centre
17250 Yonge St., Newmarket
*Parking for the garden is located in the south parking lot,
at the north west corner of Eagle St. and Yonge St.*

Contact: Lisa DiSera
York Region Food Network
905-967-0428

* **Plant a Row • Grow a Row** is the Canada-wide initiative designed to encourage gardeners to grow an extra row of vegetables and donate the harvest to their local food agency. The program was founded through a partnerships between the Canadian Association of Food Banks, the Canadian members of the Garden Writers Association of American and The Composting Council of Canada.