The combination of different plants in the garden helps provide natural pest control and improve crop yield.

**Marigolds** ward off pesty insects and protects nearby plants.

**Beans** draw energy from the sun and convert it to nitrogen for the soil and plant roots.

**Basil** helps improve tomato growth and flavour.

**Sunflowers** can provide support for climbing plants as well as shade roots and attract aphids away from other plants in the garden.

**Let's be friends... Companion planting in the garden.**

**PLANT • GROW • SHARE** With Those in Need